



Talk  
Listen  
Change

# ARE YOU WORRIED ABOUT YOUR BEHAVIOUR?

Programmes of support and behaviour change for women.

**We have experience working with a variety of women under different circumstances who are struggling within their relationships and whose behaviour is impacting others negatively.**

Women we have worked with may be facing issues such as:

- Extreme jealousy and taking this out on their partners
- Inability to regulate their emotions or anger
- Controlling their partners: emotionally, financially, sexually or psychologically
- Screaming, shouting, hitting, punching walls or being physically abusive towards their partners
- Intimidating their partners and making their partners fearful of them

**For further information, please visit:**

🖥️ [www.talklistenchange.org.uk/womens-behaviour-programme](http://www.talklistenchange.org.uk/womens-behaviour-programme)

☎️ 0161 872 1100 (option 2)

